

Term 1 - Health and Growth

Keeping Healthy Activities – Looking after our bodies



What do we need to do to keep healthy?

http://www.bbc.co.uk/schools/scienceclips/ages/9_10/keeping_healthy_f s.shtml



Can you help this boy to stay healthy with everything he needs?

http://www.bbc.co.uk/schools/scienceclips/ages/6_7/health_growth.shtml



Food sorting activity:

<http://www.crickweb.co.uk/ks2science.html#plate>



Healthy eating activity.

http://resources.hwb.wales.gov.uk/VTC/healthy_eating/eng/Introduction /default.htm

History Activities – Florence Nightingale and Edith Cavell



Find out interesting information about Florence Nightingale

http://www.bbc.co.uk/schools/primaryhistory/famouspeople/florence_ni ghtingale/



Find out interesting information about Florence Nightingale

<http://www.nationalarchives.gov.uk/education/lesson40.htm>



Find out about Edith Cavell:

[Edith Cavell Information](#)

Art Activity – Creating still life compositions



Make your own still life composition

<http://www.nga.gov/kids/zone/stilllife.htm>